

Poiema Community & Retreat House

# Advent Quiet Day

Saturday 30<sup>th</sup> November 2024



In this season of many preparations, our Advent Quiet Day is an opportunity to pause and prepare our hearts for the One who has come and is coming again.

The day will include short times of input and periods of quiet for personal prayer and reflection.

**Time: 9.45am – 3.30pm**

Venue: The Vicarage, Loweswater  
CA13 0RU

Suggested donation: £10-15

**Please bring a packed lunch**  
Tea & coffee will be provided

There are limited spaces for this event, so please book your place.

For more information and to book your place, e-mail us at:

[info@poiema.org.uk](mailto:info@poiema.org.uk)